

Makeup For Every Skin Tone!

Women's Health

COLOR

Blue hues can help you chill (not a theory—there's legit research). The shade shown here is what color experts call Serenity, a doppelgänger for sea and sky. Can't you feel your blood pressure dropping just looking at it?

Armani Exchange top, \$89.50, armanixchange.com



Kinross Cashmere scarf, \$289, daniensport.com

CUT

Get out of those leather leggings, babe! Like a clingy BF, tight clothes can make you feel totally smothered. Boxy cuts, flowing fabrics, and elastic waists = freedom, as in I-can't-feel-my-to-do-list-when-I'm-with-you.



Midnight by Carole Hochman dress, \$72, rigbyandbelle.com for stores



The cardigan, \$625, twocashmere.com

WORDS

We don't tell crying babies *shhh* just because there's another *sh* word we'd like to let out. It's because it phonetically sounds like the inside of the comfy, cozy womb. Wear it as a reminder of simpler times: You survived the birthing canal, you can deal with a kitchen-sink leak.



Wildfox sweater, \$213, wildfox.com

CHILL OUT, MY PRETTIES!

You can be as centered as the Dalai Lama and still have a meltdown over a bad hair day—you're only human. Use these pointers to beat annoying beauty bums like they're NBD.

UNEVEN LINER Have you started over again and again, yet your wings are still on totally different planes? Dip a pointed cotton swab in makeup remover that's not oil-based (this prevents smearing, says makeup artist Fiona Stiles), then even your lines meticulously. *Q-tips Precision Tips*, \$3.29 for 170, at drugstores (1)

STREAKY SELF-TANNER If the DHA tanning agent moves around before it develops, you'll end up looking like a mudslide. Ten minutes after applying

tanner, dust on non-talc baby powder to lock your glow in place, says airbrush tanning expert Kristyn Pradas. *Burt's Bees Baby Bee Dusting Powder*, \$6, burtsbees.com (2)

SMUGGED MANI You think your nails are dry so you grab your phone and... *fuuuuudge*. Swipe this clear liquid over the entire affected nail and let it dry—the formula contains special polymers that work like spackle, filling in dents, says manicurist Geraldine Holford.

LondonTown Kur Instant Smudge Fix, \$14, beauty.com (3)

FULL-BLOWN FRIZZ Oh, cool—you straightened your hair, only to have it turn into a puff ball in the rain. In a pinch, hand cream will work: Rub a dab into palms and pat them over strands. Next time, says hairstylist Rubi Jones, prevent fuzz by sealing your blow-dry with a keratin-infused hair spray; this will waterproof your hair, preventing moisture from swelling the cuticle. *Oribe Imperméable Anti-Humidity Spray*, \$39, oribe.com

